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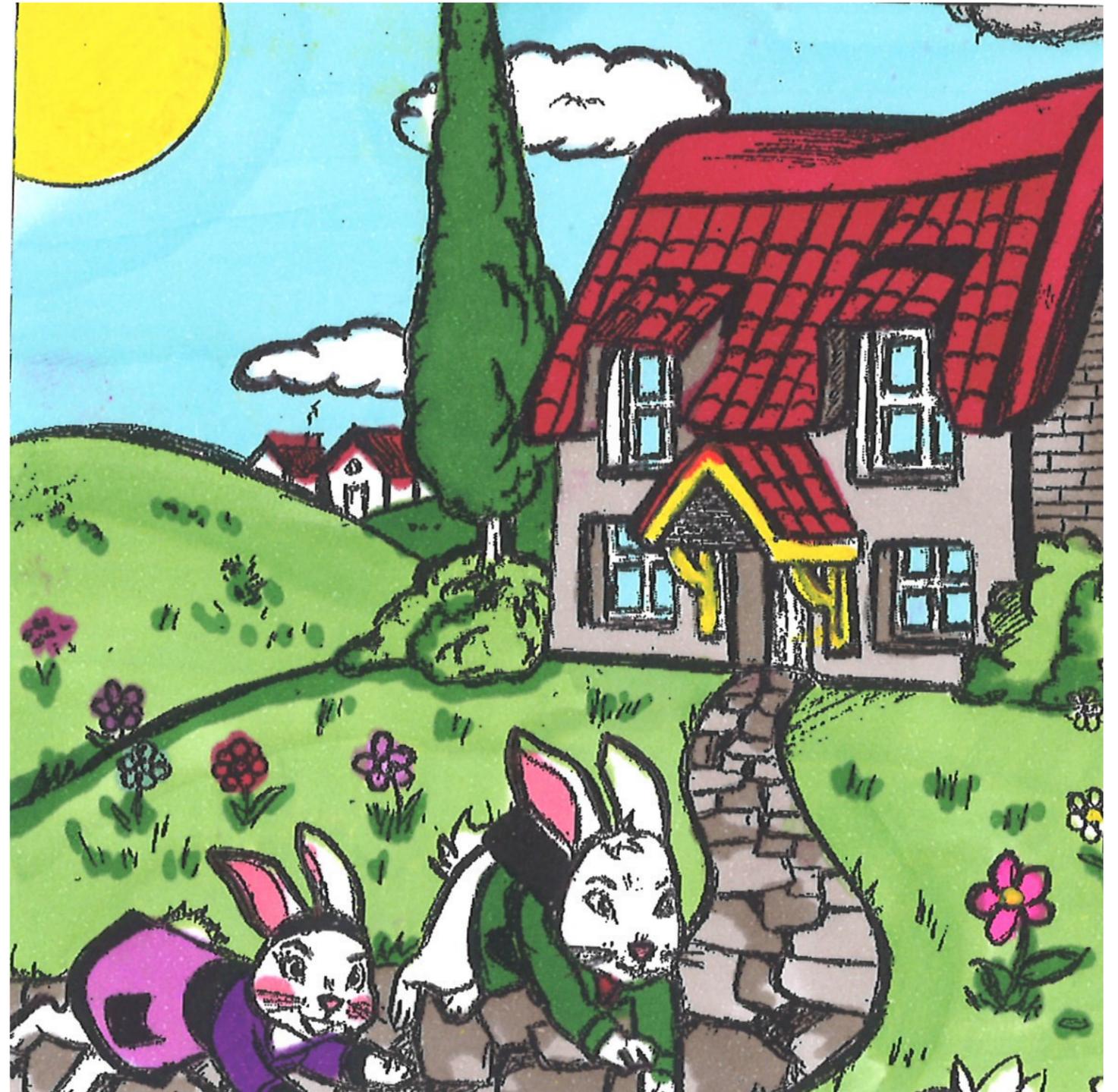


What Is The Point Of Sleep?
By Maria Vittoria Capanna and Catherine Mary Hill

In a village not too far away lived a big sister, Jenny, and her little brother, Jerome. Everyday they'd RUN back from school to get home and play with their favourite toys...



At last the sleep fairy could rest!
Night, night children - sleep well and
remember to be to kind to sleep
fairies everywhere.



Jenny loved building trains! She would build and build and build until she was so tired she could hardly keep her eyes open.

"Why, why do I have to go to bed?" she'd say,

"Sleep is boring"



From that day on Jerome and Jenny loved to sleep. They knew it was magic and would help them grow up and be bright and bouncy to enjoy adventures with their friends!

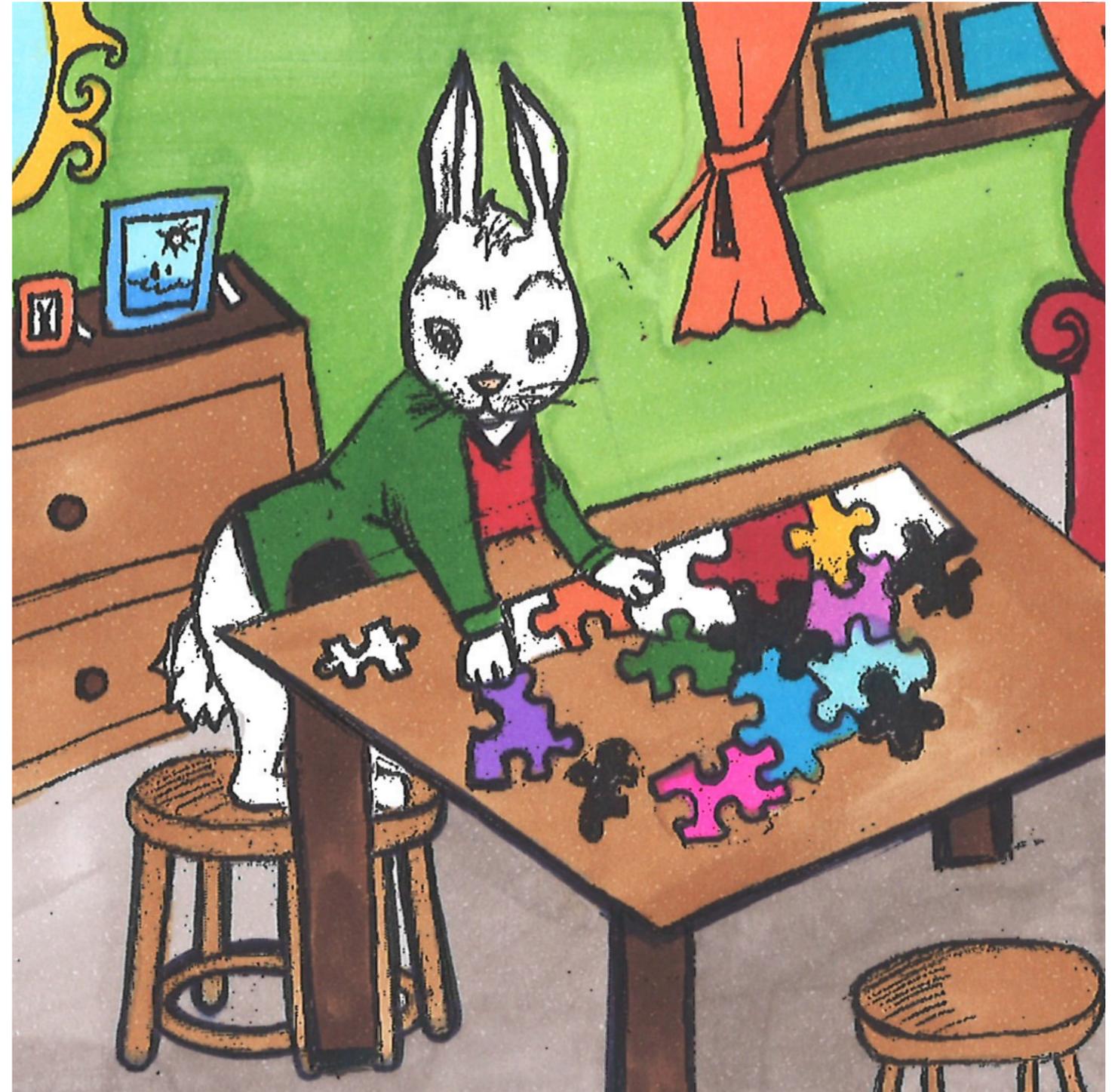


Jerome adored jigsaw puzzles.
He could spend all day and all night
doing the biggest, most difficult
puzzles he could find in the house!



You are not remembering your lessons from school, you are getting ill and you are too grumpy to play with your friends!"

"Promise me you'll sleep at night so that I can watch you having fun in the day!"



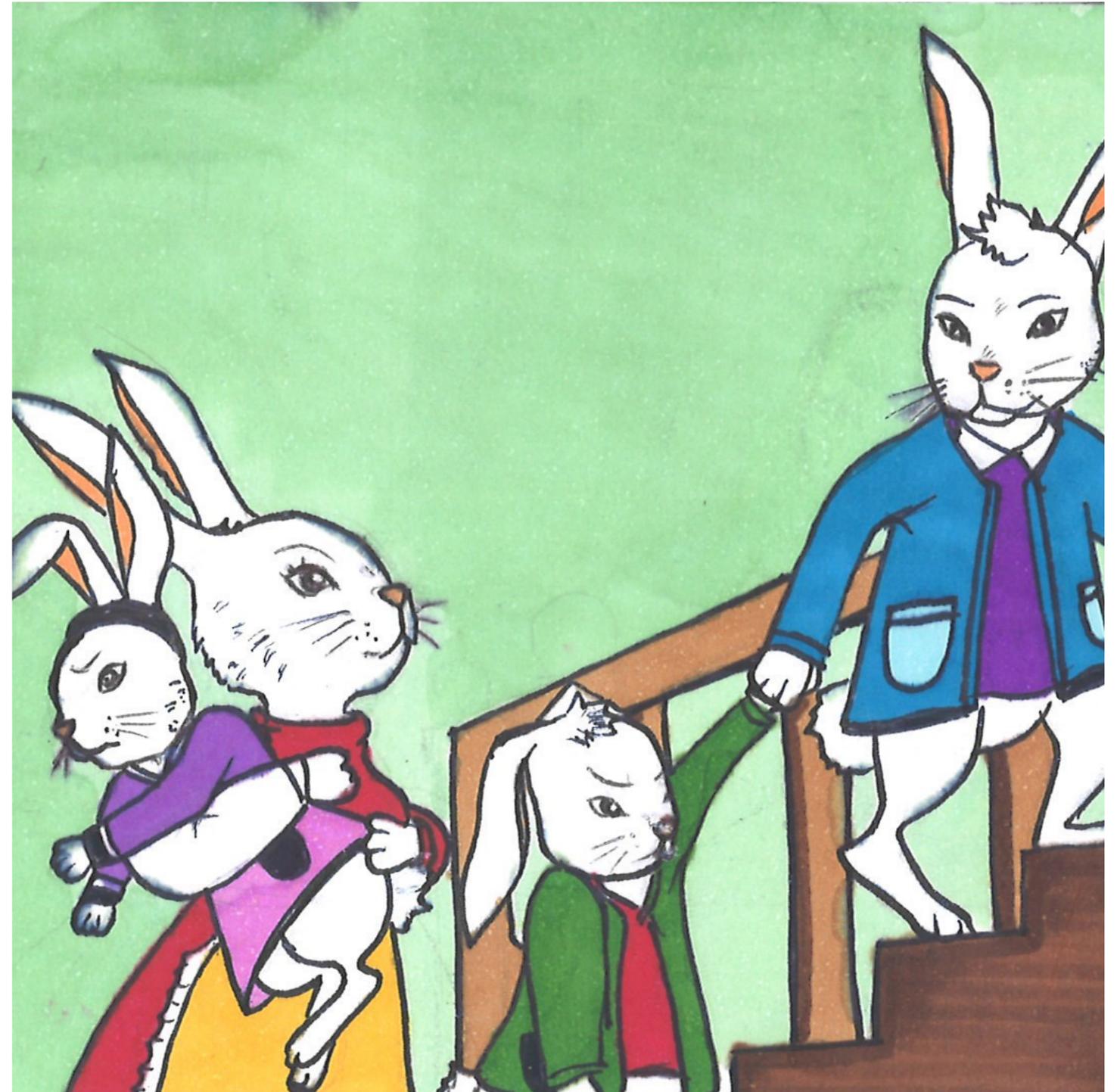
When it was bedtime, Mummy and
Daddy would have to carry Jerome
and Jenny to bed!

"What is the point of sleeping? We
don't want to go to bed!" they'd
shout.



"Children, children, children.. I am
so tired from staying up all
night watching you play!

I thought you would learn for
yourselves how important sleep is,
but things are really getting out of
hand!"



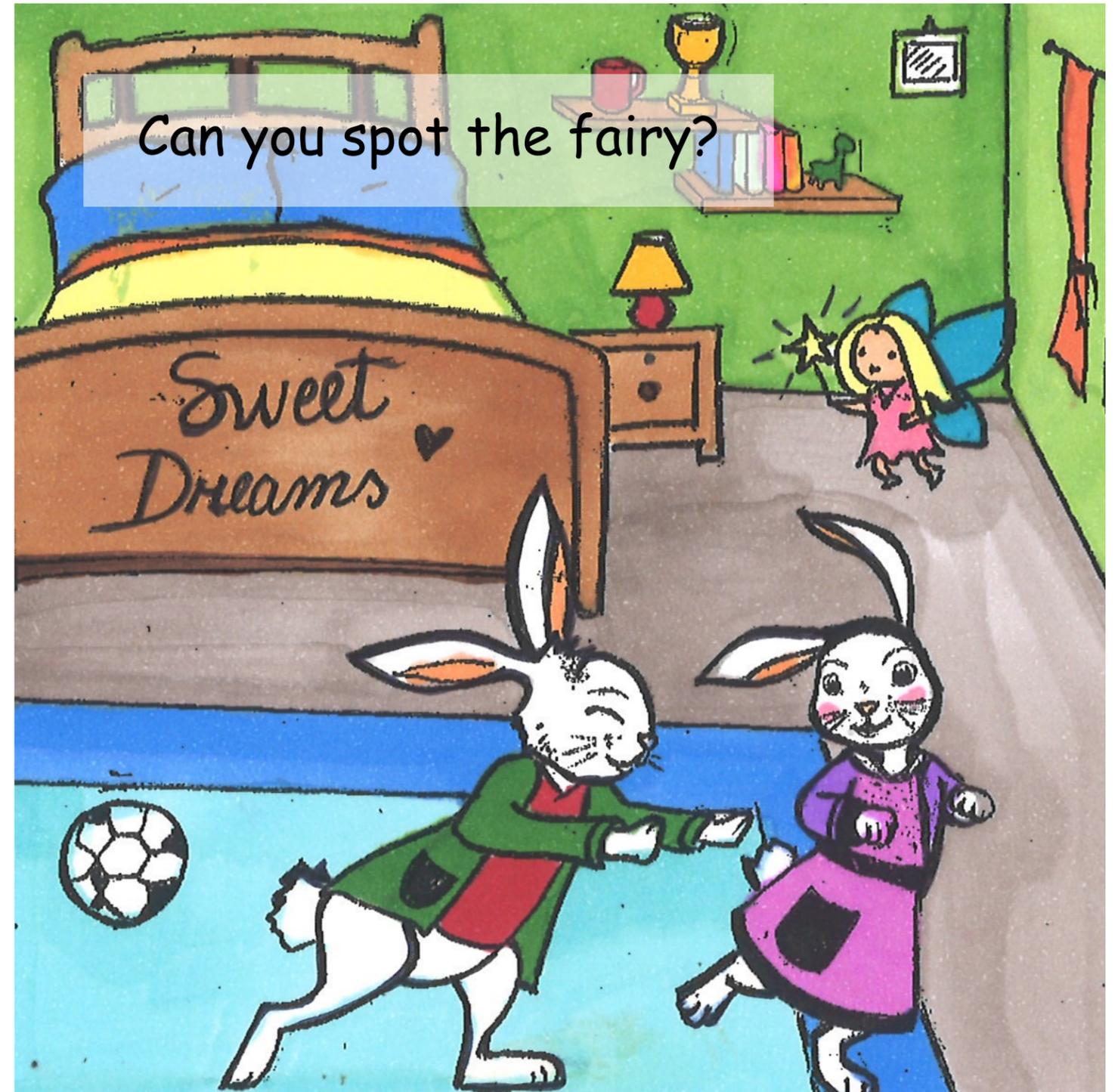
Every night once Mummy and Daddy
had left the room, Jerome and
Jenny would sneak out of bed and
play.

Little did they know that the magic
sleep fairy was quietly watching
them!



The magic sleep fairy knew she had
to do something!

So... that night while the grumpy,
forgetful, tired children were
playing in their rooms she appeared!



Time passed by and summer turned
to winter.

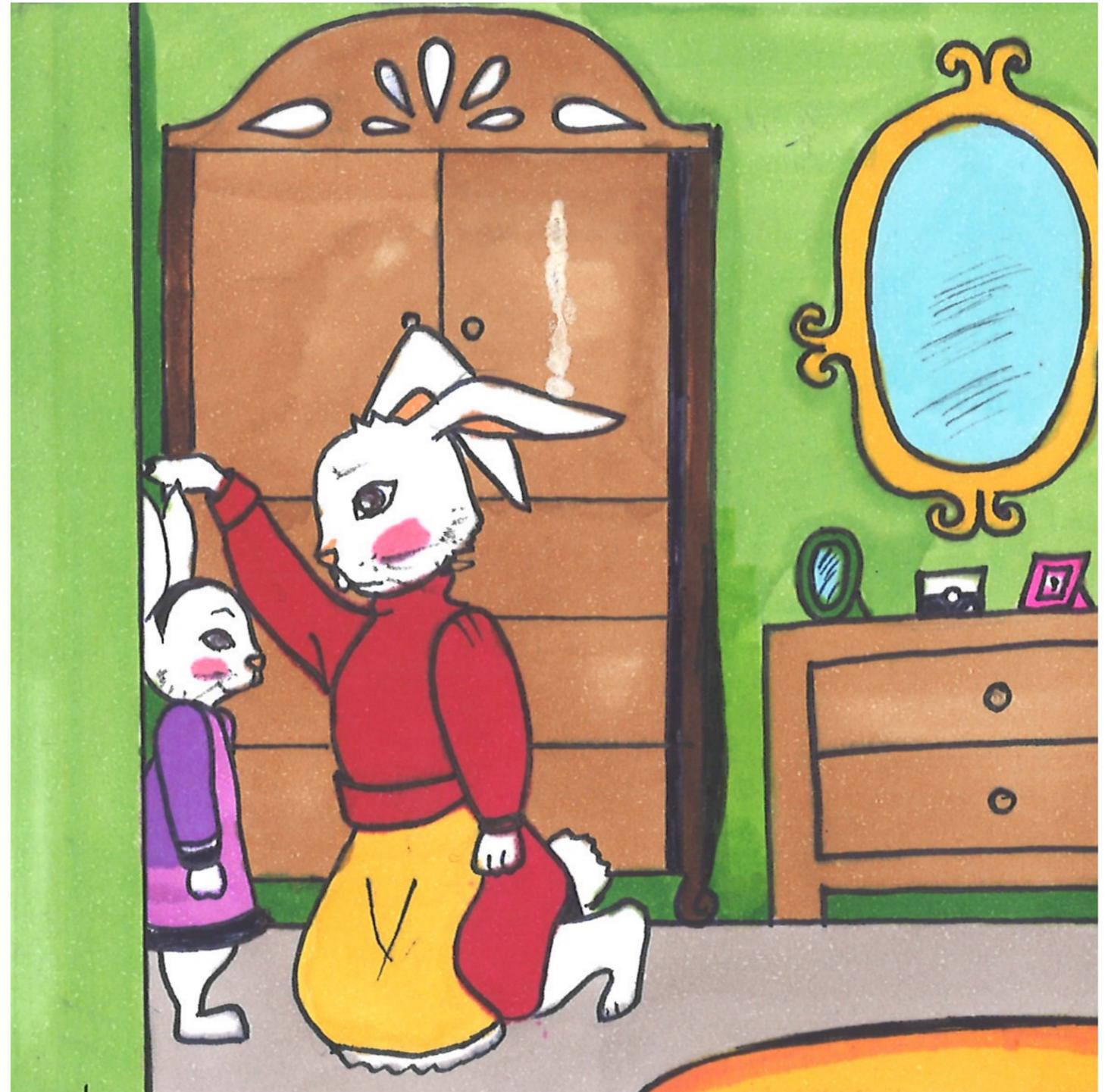
After a while they noticed some
strange things



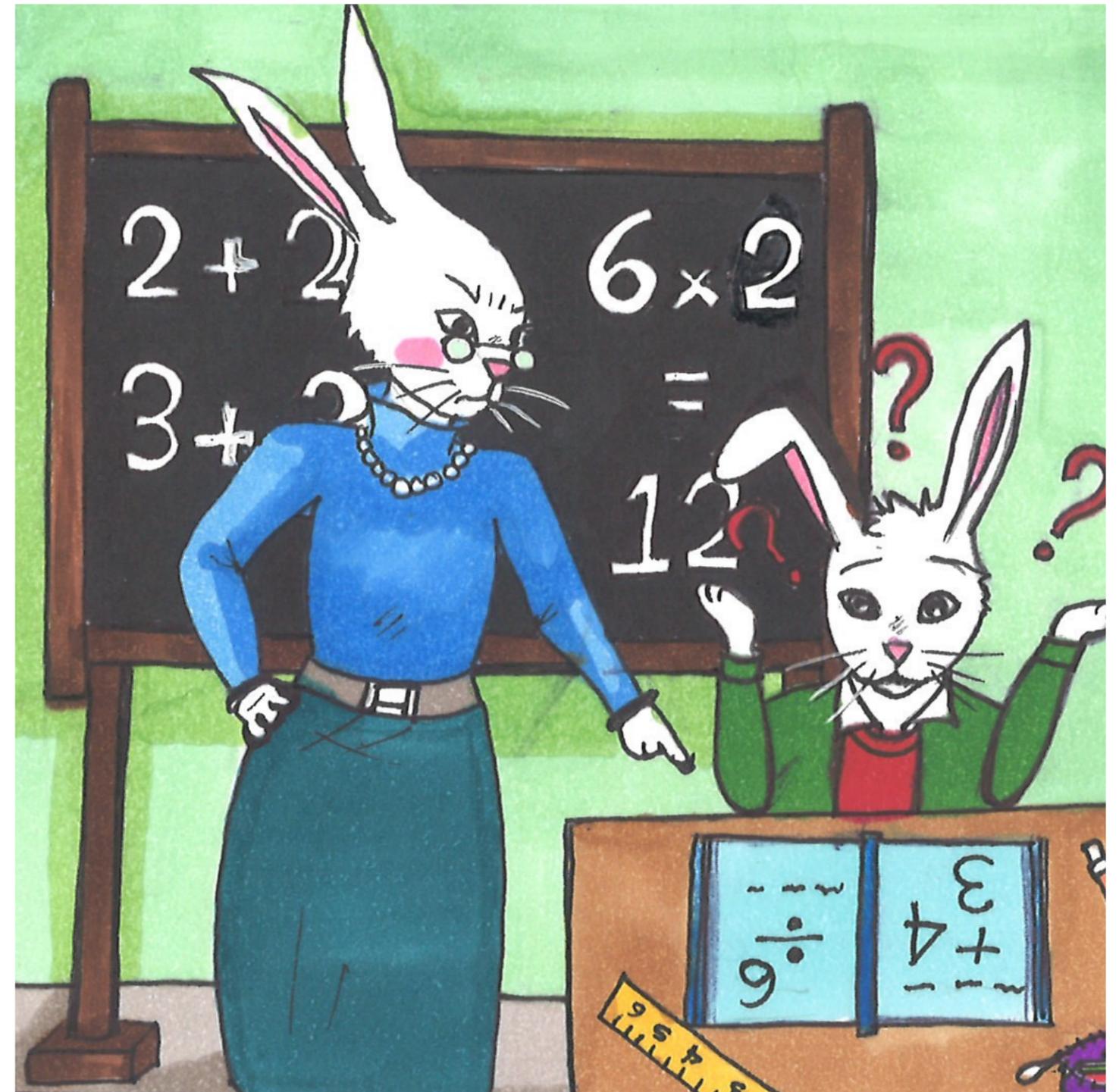
Finally, Jerome was so tired that his body couldn't fight off nasty bugs, so he was in bed for a **WHOLE** day feeling poorly!



Jerome could not do his maths in school and was told off by the teacher for not paying attention!



When Mummy measured Jenny
against the wall she wasn't growing
fast like before!



Jenny fell asleep when she was
playing with her trains!

