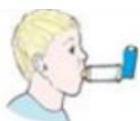


EMERGENCY ASTHMA PLAN FOR SCHOOLS

For children diagnosed with asthma/wheeze

Signs of an Asthma Attack:

- **Wheeze**
- **Shortness of breath**
- **Coughing**
- **Tight chest**



2 puffs of blue inhaler

OR

1 inhalation of Symbicort, wait a few minutes, repeat if necessary

Tell a member of staff

No further action needed

4-6 puffs of blue inhaler

OR

2-4 inhalations of Symbicort

Tell a member of staff

Parents to be called – child must get a same day medical review

1 puff of blue inhaler every 30-60seconds up to 10puffs

Dial 999

If no help as arrived in 10 minutes, repeat

OR

1 inhalation of Symbicort every 1-3minutes up to 6

Dial 999

If no help as arrived in 10 minutes, repeat

If the child does not have their own reliever inhaler, use the school's emergency kit

If a child has been prescribed a Symbicort 100/3 or 200/6 inhaler with spacer – in an emergency, please follow their personalised asthma action plan. If this plan is not available, use the school's emergency salbutamol and follow the plan above