

## EMERGENCY ASTHMA PLAN FOR SCHOOLS

*For children diagnosed with asthma/wheeze*

### Signs of an Asthma Attack:

- Wheeze
- Shortness of breath
- Coughing
- Tight chest



**2 puffs** of blue  
inhaler

OR

**1 inhalation** of  
Symbicort, wait a few  
minutes, repeat if  
necessary

Tell a member of staff

No further action  
needed

**4-6 puffs** of blue  
inhaler

OR

**2-4 inhalations** of  
Symbicort

Tell a member of staff

Parents to be called –  
child must get a  
same day medical  
review

**1 puff** of blue inhaler every  
30-60seconds up to  
10puffs

Dial 999

If no help as arrived in 10  
minutes, repeat

OR

**1 inhalation** of Symbicort  
every 1-3minutes up to 6

Dial 999

If no help as arrived in 10  
minutes, repeat

**If the child does not have their own reliever inhaler, use the school's emergency kit**

If a child has been prescribed a Symbicort 100/3 or 200/6 inhaler with spacer – in an emergency, please follow their personalised asthma action plan. If this plan is not available, use the school's emergency salbutamol and follow the plan above