

# Frimley Health Asthma Friendly School Guidance



The requirements to meet to become an “Asthma Friendly Schools” are shown in the table below alongside guidance and examples of how the school can meet the requirements.

In, addition, Transformation Partners in Health and Care have published a [London school's guide for the care of children and young people with asthma](#) ,which can be adopted by our schools within Frimley Health. This provides a clear and easy to follow guide that schools need to consider when creating their policy. It also includes templates and resources that schools can adapt and use within their own organisation to help meet the asthma friendly school’s standards. Links to additional resources are also included for our school’s reference.

Standard	Additional resources
1. Each school must identify a Named Asthma Lead and Asthma Champion	For roles and responsibilities, refer to page 7 of the <a href="#">London’s school guide</a>
2. Asthma Champion to attend annual update with specialist nurses	
3. Each school must implement an asthma policy and monitor it through annual audit using the checklist provided	Refer to page 6 of <a href="#">London schools' guide</a> for guidance when creating your school’s asthma policy.  Another useful tool is the <a href="#">Beat Asthma - Supporting Pupils with Asthma Legal Requirements checklist</a> .  Example of a <a href="#">School asthma policy</a> that can be amended to your schools needs.
4. Each school must have an up-to-date register of all known Asthmatics	<a href="#">Frimley Health asthma register sample</a>

5.	Each school must allow easy access to inhalers for all children with asthma	Refer to page 20 <a href="#">Supporting Pupils school with medical conditions</a>  <a href="#">Sample records of individual pupil inhaler usage</a>  <a href="#">Information letter for parents/carers salbutamol use during PE/Sport/Breaktimes</a>
6.	Annual whole school staff training – minimum of 85% staff attendance	Free training is available from Education for Health on <a href="#">Supporting Children and Young People’s: Improving Asthma Care Together</a>
7.	Each school must display an emergency plan	<a href="#">Emergency plan</a> to displayed in all classrooms and common areas within the school.
8.	Each school must have access to “an” emergency asthma kit	A minimum of 2 in any school conveniently located at key points throughout the school. Staff aware of where these are and have easy access to them.  <a href="#">Department of education - Emergency Inhaler Policy</a>  <a href="#">Sample Opt- In letter</a>  <a href="#">Sample Opt- Out letter</a>  <a href="#">Sample letter for parents to inform them of inhaler use.</a>  <a href="#">School Salbutamol inhaler / spacer pharmacy request form</a>  <a href="#">Sample emergency asthma kit checklist</a>
9.	Annual asthma audit of standards 1-8 being met to retain Asthma Friendly School status	<a href="#">Audit document</a> to be completed alongside the respiratory nurse specialists.

### **Car Idling**

Car idling Vehicle idling is when the vehicle’s engine is kept running whilst the vehicle has stopped. Car idling contributes to **air pollution**. If you keep your car off for 10 minutes, then that prevents 1 pound of carbon dioxide from getting into the air. Car idling also impacts the health of children, especially those prone to respiratory disease such as asthma. Encourage parents to stop car idling during pick-up and drop-up of children at schools. For more information, please see [Clean air schools toolkit](#)