

EMERGENCY ASTHMA PLAN FOR SCHOOLS

Asthma Attack

For children diagnosed with Asthma/Wheeze

SIGNS OF :

- Wheezing
- Coughing
- Shortness of Breath

Treatment



GIVE UP TO **10** PUFFS OF RESCUE INHALER (**BLUE**)

OR

UP TO 6 INHALATIONS OF MART (**WHITE AND RED**)
TURBOHALER AT A SINGLE TIME



Number of puffs needed of
BLUE inhaler :

2- 6 PUFFS

OR

Number of inhalations
needed of your **MART**
device:

Take 1 inhalation of your
MART device, wait a few
minutes and repeat if
necessary, up to a total of 6
inhalations.

Tell a member of staff

If better no further action
required

Number of puffs needed of
BLUE inhaler:

6- 10 PUFFS

OR

You can take up to 6
inhalations of your **MART**
device.

Tell a member of staff

Parents to be called and
child to be collected and
seen by medical
professional the same day.

If little or no improvement
after 10 puffs of **BLUE**
inhaler:

Dial 999

Continue to give **BLUE**
inhaler 10 PUFFS every 15
minutes until medical help
arrives or symptoms
improve.

OR

If you have taken 6
inhalations of your **MART**
device and your symptoms
have not improved or used
your maximum daily
inhalations, seek urgent
help.

*****If their own RESCUE
inhaler is NOT AVAILABLE, please use the school's emergency inhaler kit *****