

## EMERGENCY ASTHMA PLAN FOR SCHOOLS

### Asthma Attack

For children diagnosed with Asthma/Wheeze

#### SIGNS OF :

- Wheezing
- Coughing
- Shortness of Breath

### Treatment

GIVE RELIEVER (**BLUE**) INHALER OR MART DEVICE (**USUALLY WHITE AND RED**)



GIVE UPTO **10** PUFFS OF RELIEVER (**BLUE**) INHALER OR UP TO 6 INHALATIONS OF MART (**WHITE AND RED**) TURBOHALER AT A SINGLE TIME.

Number of puffs needed of **BLUE** inhaler :

2- 6 PUFFS

**OR**

Number of inhalations needed of **WHITE AND RED** TURBOHALER :

Take 1 inhalation of your **MART** device, wait a few minutes and repeat if necessary, up to a total of 6 inhalations.

Tell a member of staff

If better no further action required

Number of puffs needed of **BLUE** inhaler:

6- 10 PUFFS

**OR**

You can take up to 6 inhalations of your **MART** device.

Tell a member of staff

Parents to be called and child to be collected and seen by medical professional the same day.

If little or no improvement after 10 puffs of **BLUE** inhaler:

**Dial 999**

Continue to give **BLUE** (reliever) inhaler 10 PUFFS every 15 minutes until medical help arrives or symptoms improve.

**OR**

If you have taken 6 inhalations of your **MART** device and your symptoms have not improved or used your maximum daily inhalations, seek urgent

**\*\*\*If their own RESCUE**

inhaler is **NOT AVAILABLE**, please use the school's emergency inhaler kit **\*\*\***