

Infant diagnosed with DELAYED non-IgE mediated mild to moderate CMPA

At age 1 year: Ask parent/carer: Have you trialled reintroducing cow's milk into the child's diet using the milk ladder

NO

- Emphasise importance of reintroduction, advise to follow the [milk ladder](#).
- Arrange a review appointment for 2 months time

YES

Ask parent/carer: Is the child tolerating cow's milk?

YES

- **Stop prescribed formula** switch to full fat cow's milk
- Advise daily children's vitamin supplement containing 10 µg vitamin D plus vitamin A & C

NO

Ask parent/carer: Is the child eating a varied diet and growing well?

NO

- **Continue prescribed formula.**
- Encourage parent/carer to trial reintroduction of cow's milk again using the [milk ladder](#), review in 2 months
- **Consider referring to Paediatric Dietitians**

YES

Ask parent/carer: Can the child tolerate soya/oat* drink?

YES

Stop prescribed formula and switch to one of the following plant-based dairy milk alternatives (widely available in many supermarkets):

- Alpro Growing Up Soya Drink 1-3 + Years*
- Alpro Oat Growing Up Drink 1-3+ Years*
- Oatly Oat Drink Barista Edition*
- Oatly Oat Drink Whole*

Advise daily children's vitamin supplement

Encourage parent/carer to trial reintroduction of cow's milk again using the [milk ladder](#), review in 2 month time.

** Dairy milk alternatives should provide at least 120mg calcium/100ml. Not all organic versions have vitamins and minerals added. A plant-based drink designed for 1-3 year olds or a Whole/Barista oat milk is therefore recommended.*

NO

- **Continue prescribed formula** until infant reaches 2 years.
- Encourage parent/carer to trial reintroduction of cow's milk again using the [milk ladder](#), review in 2 months
- **Consider referring to paediatric dietitian**

**If child is struggling to take soya/oat drink due to taste, advise to titrate with their usual milk gradually increasing quantities until the titration is complete*

Infant diagnosed with ACUTE/Immediate IgE mediated and/or Severe delayed non-IgE CMPA symptoms

Infants with moderate-severe eczema or Acute/immediate IgE mediated CMPA, should be referred to paediatrician/allergy clinic for assessment, review and advice on the reintroduction of cow's milk. Follow advice provided by clinician. See *Managing Cow's Milk Protein Allergy (CMPA) Pathway* for additional advice.