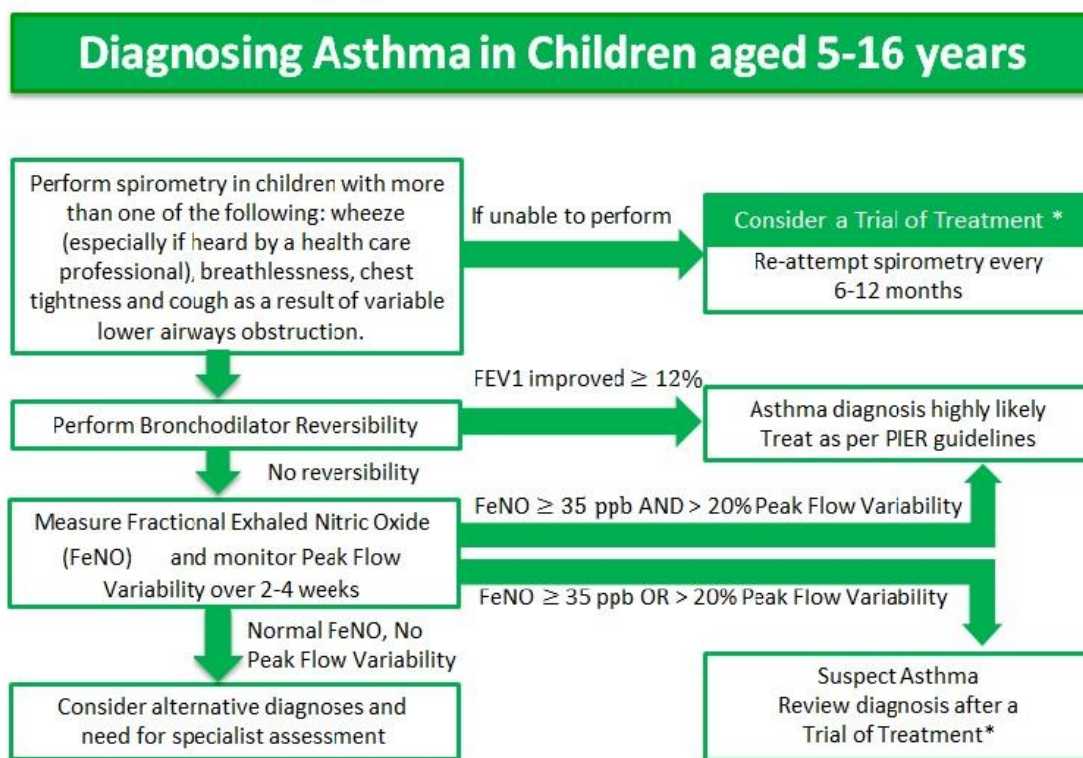


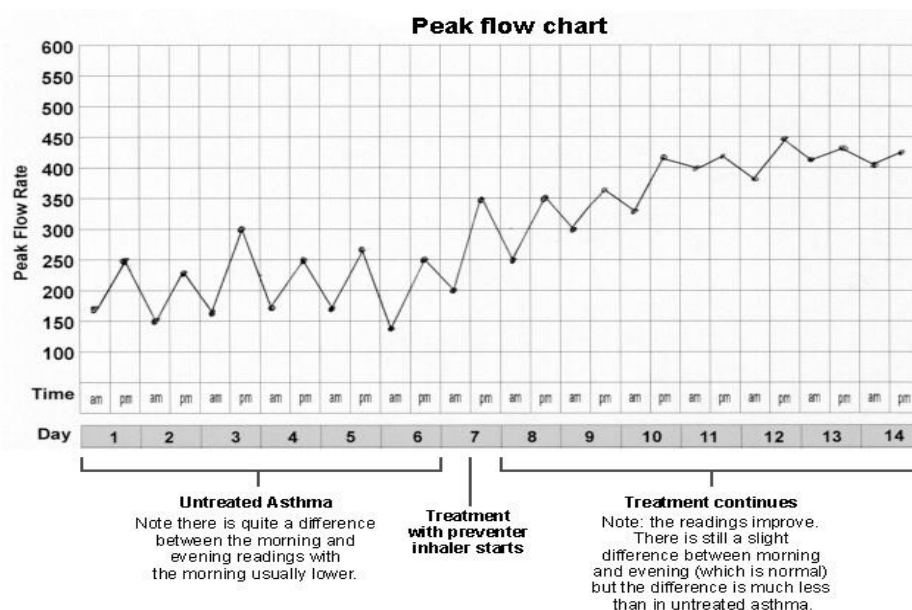
Diagnosing Asthma in Children



Diagnosis in COVID-19 Era

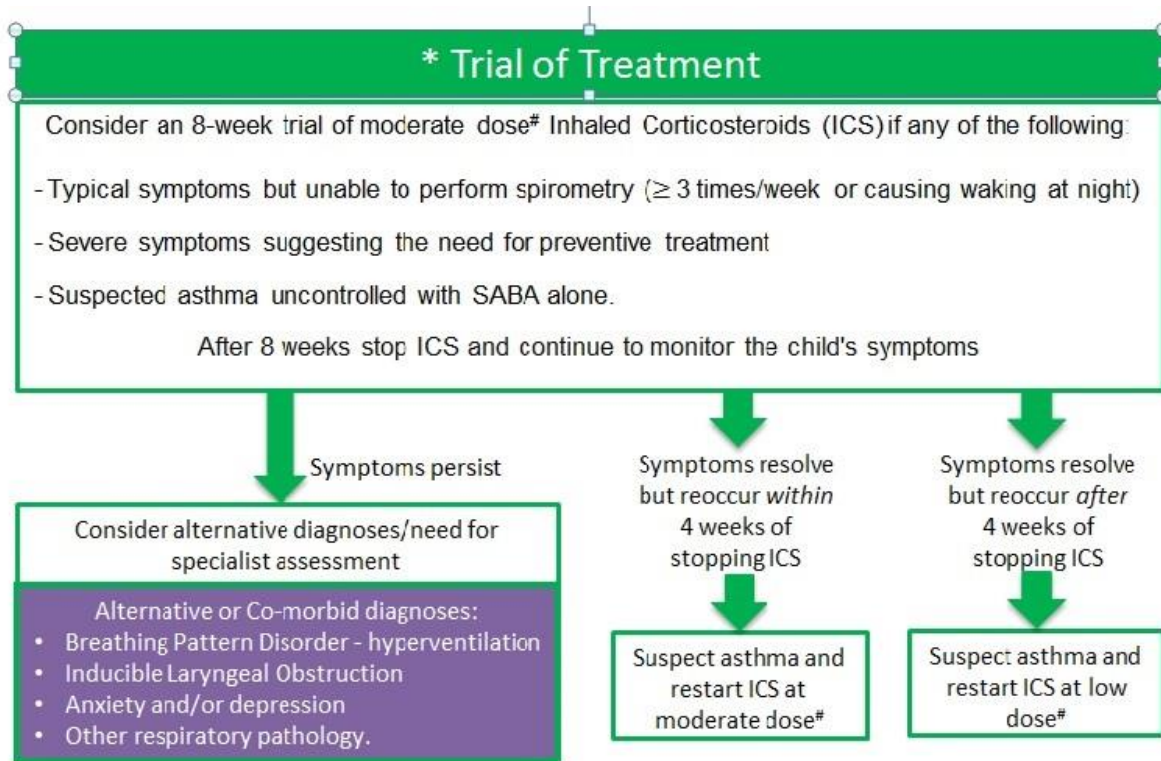
- Spirometry is an AGP
- Peak Flow Diary and Trial of Treatment with Inhaled Corticosteroids (ICS)
- Spirometry reserved for patients where diagnosis is unclear on Peak Flow Diary and Trial of Treatment unsuccessful, but Asthma still suspected (Refer to Secondary Care)

Example of Peak Flow Diary showing Peak Flow Variability which improves with trial of ICS



Trial of Treatment

Applies to all patients aged 2-5 years of age or for those where unable to perform spirometry



Moderate dose of ICS – Beclamethasone 200mcg BD, Fluticasone 100mcg BD

Low dose of ICS – Beclamethasone 100mcg BD, Fluticasone 50mcg BD