



Healthier Together
Local advice and support to help manage and improve the health and wellbeing of babies, children, and young people
ASDOP | BRACKNELL | FRIMLEY | MADENHEAD | NORTH EAST HAMPSHIRE | SLOUGH | SURREY HEATH | WINDSOR

Referral Pathway for Primary Care
Pathway for children and young people up to their 18th birthday as per NICE Guidance

Common symptoms: (4T's)

- Thirsty
- Toilet use (polyuria)
- Tired
- Thinner (weight loss)

Other symptoms:

- Faltering growth
- Candida/recurrent infections
- Enuresis in a child previously dry

Symptoms/Signs of DKA

SUSPICION of DIABETES

Perform Capillary blood glucose test immediately

Random blood glucose >11mmols/l
or glycosuria(+/- ketonuria)

Yes

Refer to local Acute Paediatric Service on the **SAME** day to Paeds On Call Consultant.

Mon – Fri 09:00 -18:00

Frimley Park: 07881 352 600

Wexham Park: 07919 175 643

Outside of these times ask for Paediatric Registrar via Switchboard.

If seriously ill, dial 999 and transfer by ambulance to local A&E

No

If BG 7-10.9 mmol/l-diabetes or hyperglycaemia due to illness, discuss with Paeds hotline because if you have symptoms, you may have BG less than 11 and still have evolving Diabetes.
If BG 4- 6.9 mmol/l- unlikely to be diabetes
If BG <4 mmol/l, manage and consider causes of hypoglycaemia and refer to Paeds on call

In accordance with current NICE guidance:
If BG testing is not available then perform urinary dipstick testing
If BG or urinalysis not available then refer immediately

Do not perform fasting BG measurement, HbA1C or glucose tolerance test

Do not refer as an outpatient

Symptoms of DKA:

- Abdominal pain
- Vomiting
- Kussmaul breathing with increased RR
- Lethargy and confusion with change in GCS
- Fruity smelling breath