

# Berkshire Healthcare Foundation Trust (BHFT) Children and Young Peoples Integrated Therapies (CYPIT)

## Online Toolkit Links



### Communication and Hearing

<https://cypf.berkshirehealthcare.nhs.uk/health-and-development/communication-and-hearing/>

- [Auditory processing](#)
- [Babbling and baby talk](#)
- [Basic communication strategies](#)
- [Deafness and hearing loss](#)
- [English as an additional language](#)
- [Expressive language](#)
- [Grammar](#)
- [Listening and attention](#)
- [Sequencing and narrative skills](#)
- [Social communication](#)
- [Speech sounds](#)
- [Stammering](#)
- [Steps to talking](#)
- [Toddler talk](#)
- [Typical speech sounds](#)
- [Unclear speech](#)
- [Understanding language](#)
- [Vocab](#)

### Child Safety

<https://cypf.berkshirehealthcare.nhs.uk/health-and-development/child-safety/>

- [Burns and scalds](#)
- [Button batteries](#)
- [Choking](#)
- [Poisoning](#)
- [Safe sleeping](#)
- [Sun and heat safety](#)
- [Water safety](#)
- [Winter safety](#)
- [Window safety](#)
- [Suffocation and strangulation](#)

### Eating, Allergies and Healthy Lifestyle

<https://cypf.berkshirehealthcare.nhs.uk/health-and-development/eating-allergies-and-healthy-lifestyle/>

- [Allergies](#)
- [Asthma](#)
- [Coping with lumpy foods](#)
- [Finger feeding](#)
- [Fussy eating](#)
- [Healthy lifestyle](#)
- [Introducing solid foods](#)
- [Using cutlery](#)

### Developing Independence

<https://cypf.berkshirehealthcare.nhs.uk/health-and-development/developing-independence/>

- [Buttons and zips](#)
- [Dressing skills](#)
- [Organisation and planning skills](#)
- [Putting on socks and shoes](#)
- [Switching tasks](#)
- [Paying attention](#)
- [School readiness](#)

### Fine Motor Skills

<https://cypf.berkshirehealthcare.nhs.uk/health-and-development/fine-motor-skills/>

- [Fine motor skills](#)
- [Hand skills](#)
- [Handwriting](#)
- [Letter and number Reversal in writing](#)
- [Pre-writing activities](#)
- [Scissor skills](#)
- [In hand manipulation](#)
- [Visual perception](#)
- [Shoulder stability and fine motor skills](#)

### Gross Motor skills

<https://cypf.berkshirehealthcare.nhs.uk/health-and-development/gross-motor-skills/>

- [Balance](#)
- [Bilateral integration - coordinating left and right](#)
- [Catching and throwing balls](#)
- [Confidence and self-esteem in movement](#)
- [Core stability](#)
- [Hypermobility](#)
- [Pelvic stability](#)
- [Planning movement \(motor planning\)](#)
- [Riding a tricycle](#)
- [Standing and stepping](#)

### Toilet Training and Bedwetting

<https://cypf.berkshirehealthcare.nhs.uk/health-and-development/toilet-training-and-bedwetting/>

- [Toilet training](#)
- [Bed wetting](#)

### Sensory Processing

<https://cypf.berkshirehealthcare.nhs.uk/health-and-development/sensory-processing/>

- [Touch - tactile system](#)
- [Vestibular \(movement\) system](#)
- [Proprioception](#)
- [Auditory \(hearing\) system](#)
- [Visual \(sight\) system](#)
- [Sensory Circuits](#)

All information and more can be found at <https://cypf.berkshirehealthcare.nhs.uk/>

Further information about CYPIT services can be found at <https://cypf.berkshirehealthcare.nhs.uk/our-services/children-and-young-peoples-integrated-therapies/about-our-therapy-services/>

These documents are to support the promotion of child development and child safety. For more information about all aspects of your child's health please access the Frimley Healthier Together Website <https://frimley-healthiertogether.nhs.uk/>



Local advice and support to help manage and improve the health and wellbeing of babies, children, and young people