

Emphasize the need to strictly follow manufacturer's instructions when making up formula milk

| Condition | Formulary Status | Formula | Age range* | Key Points |
|--|---|---|--------------------------|---|
| Cow's Milk Protein Allergy (CMPA) Extensively Hydrolysed Formula (EHF) | Green 1 st line choice | Alimentum® | 0-12 months | <p>*Age range refers to CCG policy. Individual products may have a broader licence. See Quantities to Prescribe.</p> <ul style="list-style-type: none"> Take an allergy focused clinical history EHF: Indicated if Mild to moderate non-IgE mediated CMPA Mild to moderate IgE mediated CMPA DELAYED Non-IgE mediated symptoms Confirm diagnosis with home milk challenge 4 weeks after starting feed Maintain CMPA elimination diet until 9-12 months old, or for 6 months after diagnosis Refer to paediatric dietitian for additional support if required ACUTE/Immediate IgE-mediated symptoms Refer to secondary care |
| | Green (If first line not an option or not working) | Althera® (Kosher & Halal) | 0-12 months | |
| | Green Use if mild-moderate eczema or atopic family | Aptamil Pepti 1® | 0-6 months | |
| | | Aptamil Pepti 2® | 6-12 months | |
| | Amber (on recommendation of Specialist or Dietitian) | Nutramigen 1 with LGG® | 0-6 months | |
| | Nutramigen 2 with LGG® | 6-12 months | | |
| CMPA: Amino Acid Formula (AAF) | Green 1 st choice | Elecare® | 0-12 months | <ul style="list-style-type: none"> Take an allergy focused clinical history AAF: Indicated if anaphylactic reaction/ severe IgE or severe non-IgE mediated CMPA reactions Refer to secondary care If IgE mediated reaction or moderate-severe eczema refer to allergy clinic for review & advice on reintroduction |
| | Green | SMA® Alfamino or Nutramigen Puramino® or Neocate LCP® | | |
| | Amber | Neocate Syneo® | | |
| CMPA: Soya formula | OTC | SMA® Wysoy® | 6-12 months | <ul style="list-style-type: none"> If infant >6 months only and if refuses EHF and has no allergy to soya If infant > 1 year & tolerates soya. Can be used in food from 6 months but not as main drink until 1year |
| | OTC | e.g. Alpro Soya Growing Up Drink® | 12+ months | |
| Faltering growth Energy dense ready-to-use formula | Green 1 st choice | SMA® High Energy | 0-18 months or 8kg | <ul style="list-style-type: none"> Ensure regular weight/length monitoring Encourage Food First & food fortification if weaned and over 6 months (diet sheet available) |
| | Green | Infatrini® | | |
| Pre-term or IUGR Post discharge from hospital | Green 1 st choice | Nutriprem 2 Powder® | 0-6 months corrected age | <ul style="list-style-type: none"> Follow hospital discharge instruction Use Prem feed Powder not ready-to-drink formula Ensure review at 6 months corrected age |
| | Green | SMA® Gold Prem 2 Powder | | |
| Gastro-Oesophageal Reflux (GOR) | OTC: Thickening formulae | SMA® Anti-reflux | 0- 12 months | <ul style="list-style-type: none"> Try non-medical intervention first, check for overfeeding Follow feed preparation instructions carefully Do not use in conjunction with separate thickeners, or medication such as Infant Gaviscon, antacids or PPI |
| | OTC: Pre-thickened formula | Aptamil Antireflux® Cow & Gate® Anti reflux HiPP® Anti-reflux | | |
| | OTC: Thickener powder | Instant Carobel® | | |
| Secondary lactose intolerance | OTC: Lactose free formula | Aptamil LF® SMA LF® | 0-12 months | <ul style="list-style-type: none"> Use up to 8 weeks at a time > 1 year use supermarket lactose free milk e.g. Alpro Soya Growing Up Drink, Arla Lactofree Whole Wysoy for >6 months only and if no allergy to soya |
| | OTC: soya formula | SMA® Wysoy® | 6+ months | |

