

Managing Secondary Lactose Intolerance in Young Children Pathway



*Note: Lactose intolerance in young children is **rare**. In all children, ensure no red flags suggesting other diagnosis. In a well child, cow's milk protein allergy (CMPA) should be considered as an alternative diagnosis.*

Infant presenting with the following symptoms for 2 weeks or longer, and significantly distressed (if not suffering and growing well, advise that symptoms will resolve once gut is healed)

- Loose and frequent (occ. green) stools
- Increased (explosive) wind
- Abdominal bloating

Usually occurs following an infectious gastrointestinal illness

